

Dissolved air effects on lactose isomerisation and furosine formation during heat treatment of milk

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Abstract – The influence of dissolved air on lactose isomerisation and the Maillard reaction during heat treatment of milk was investigated, lactulose and furosine being the chemical parameters studied, respectively. For all treatments, the lowest contents of lactulose were found in samples bubbled with air, probably due to oxidative degradations during the heating of the milk. A lower formation of furosine was also detected in samples with air than in samples subjected to a previous de-aeration step. In the presence of oxygen, oxidative side reactions can take place leading to degradation of Amadori compounds. The results obtained in the present work point out the effect of dissolved air on lactose isomerisation and formation of Amadori compounds during the heat treatment of milk.

Air / lactulose / furosine / heating / milk

Résumé – Influence de l'air dissous sur l'isomérisation du lactose et la formation de furosine pendant le traitement thermique du lait. Nous avons étudié l'influence de l'air dissous sur l'isomérisation du lactose et la réaction de Maillard, pendant le traitement thermique du lait, par le dosage du lactulose et de la furosine, respectivement. Pour tous les traitements, les teneurs les plus basses en lactulose se trouvent dans les échantillons traités avec l'air, probablement en raison de la dégradation oxydative du lactulose lors du chauffage du lait. La concentration en furosine est plus faible dans les échantillons contenant de l'air que dans les échantillons soumis à une étape préalable de dé-aération. En présence d'oxygène, des réactions oxydatives secondaires peuvent avoir lieu, provoquant la dégradation du composé d'Amadori. Ces résultats montrent que la concentration d'oxygène du milieu influence notablement le taux d'isomérisation du lactose ainsi que la formation du composé d'Amadori, lors du traitement thermique du lait.

Air / lactulose / furosine / traitement thermique / lait

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1. INTRODUCTION

Milk contains dissolved air, whether it is obtained anaerobically or with access to air. Commercial raw milk contains about 15 and 6 mg·L⁻¹ of N₂ and O₂, respectively [7]. The presence of remaining oxygen may have a negative effect on the nutritional characteristics of the product; thus, several vitamins such as ascorbic acid, riboflavin, folic acid and vitamin A can be degraded under oxidative conditions [4, 19].

Another detrimental effect of the inclusion of air could be the separation of free fat from the globules due to the destruction of the fat globule membrane. In these conditions, the native milk enzyme lipase can attack the free fat, reducing the food quality [14].

In addition, during milk processing in heat exchangers, an excessive amount of air can act as nuclei for the formation of protein deposits that modify the heat transfer to milk and, consequently, the quality of this product can be adversely affected [9].

The de-aeration of milk by vacuum is one of the procedures that are applied to prevent the problems related to the presence of air. In the case of direct UHT milk, the elimination of steam after the heating step can give rise to a decrease of oxygen to values at which the oxidative reactions are avoided. In some indirect UHT and pasteurisation processes, to remove some volatile compounds and to improve the flavour of milk, the system is provided with a vacuum chamber placed before the heating section [1, 18].

Recently, Takeuchi et al. [17] have reported a patent where sterilisation is carried out after the dissolved oxygen in milk is substituted with nitrogen gas in order to improve the smell and taste of sterilised milk.

Determination of chemical changes that take place during processing of milk is mainly achieved to retrospectively assess the heat treatment or storage conditions to which milk has been submitted. Lactulose

is formed by isomerisation of lactose via Lobry de Bruyn-Alberda van Ekenstein rearrangement [13] and furosine is originated after acid hydrolysis of the Amadori compounds, formed at the initial step of the Maillard reaction [5].

In spite of the number of works on the usefulness of lactulose and furosine as indicators of heat treatment, no data are available on the effect of air present in milk on their formation during heating processes. In this paper, we report a study on the effects of de-aeration of milk on lactulose and furosine formation during the heat treatment of milk at high temperatures.

2. MATERIALS AND METHODS

2.1. Samples and heat treatments

Batches of milk were purchased from a local dairy farm in the central region of Spain. With the aim of obtaining samples with the same initial content of air, the milk was previously de-aerated at 40 °C in a Rotavapor (Büchi RE 111, Switzerland) for 20 min. After this procedure, portions (≈ 30 mL) of milk were subjected to three different types of treatment for 5 min: vacuum (Sample V), bubbling with nitrogen (Sample N) and bubbling with air (Sample A). Samples were heated in sealed Pyrex glass tubes (25 × 100 mm) at 110 and 120 °C several times in a thermostatically controlled temperature bath of silicone under continuous agitation. Heating was stopped by rapid cooling of the sealed Pyrex tubes in an ice-water bath. All assays were performed in duplicate. The pH of the samples was measured before and after the thermal treatments with a pH-meter MicropH 2001 (Crison Instruments, Barcelona, Spain).

2.2. Measurement of lactulose

Lactulose levels were determined by means of gas chromatography of the

trimethylsilyl derivatives of the free carbohydrate fraction using a Varian 3380 gas chromatograph (Varian Associates, Madrid, Spain) equipped with a 3 m × 1.0 mm i.d. stainless steel column (Chrompack, Middelburg, The Netherlands) packed with 2% OV-17 on non-silanised 120/140 Volaspher A-2 (E. Merck AG, Darmstadt, Germany). One millilitre of milk was mixed with 1 mL of 1% phenyl-β-D-glucoside (internal standard) in 70% methanol. The mixture was diluted to 10 mL with methanol, kept for 1 h at room temperature and filtered. One millilitre of the filtrate was evaporated under vacuum at 30 °C and converted to trimethylsilyl derivatives using N-trimethylsilylimidazole [11].

In milk samples with a content of lactulose lower than 60 mg·L⁻¹ a modification of the sample preparation was performed according to the method of De Rafael et al. [3]. Milk samples (2.5 mL) were gently mixed with approximately 10 mL ethanol in a 25 mL volumetric flask, so that denatured protein particles would not get stuck above the volume mark; the flasks were filled to the volume mark by adding additional ethanol. After mixing again, the mixture was held for 48 h at room temperature to allow precipitation of lactose. Four millilitres of supernatant were mixed with 1 mL 0.05% phenyl-β-D-glucoside in 70% methanol, evaporated under vacuum at room temperature and converted to trimethylsilyl derivatives using N-trimethylsilylimidazole.

2.3. Measurement of furosine

Two millilitres of milk were hydrolysed under inert conditions at 110 °C for 23 h in sealed tubes with 6 mL of 10.6 mol·L⁻¹ HCl, 7.95 mol·L⁻¹ being the final concentration. Furosine was determined by ion-pair reversed-phase HPLC according to the method reported by Resmini et al. [12]. The analyses were performed in a C₈ column (250 × 4.6 mm inside diameter) (Alltech

Furosine-dedicated; Alltech Associates, Laarne, Belgium) and calibration curves were constructed using the standard of furosine (Neosystem Laboratories, Strasbourg, France).

2.4. Determination of dissolved oxygen

The content of oxygen was measured at 20 °C using an Optosen[®] multichannel sensor system provided with a fiberoptic chemical sensor based on fluorescence measurements (Interlab, Electronics and Control Engineering, Madrid, Spain).

2.5. Statistical analysis

Analysis of the variance of the data was carried out using the SPSS program [15].

3. RESULTS AND DISCUSSION

Changes in the pH of the samples are shown in Figure 1 (a and b). As expected, the pH of the milks decreased during heating. This can be attributed to different factors: dissociation of phosphate radicals due to the precipitation of tricalcium phosphate [8] and decomposition of lactose into organic acids [2, 16]. In general, for the same temperature-time conditions, hardly any differences were observed between the pH values of the milk samples.

The contents of dissolved oxygen (results not shown) in samples subjected for 5 min to vacuum (Sample V), bubbling with nitrogen (Sample N) or bubbling with air (Sample A) were 3.0 (± 0.1) mg·L⁻¹, 2.5 (± 0.2) mg·L⁻¹ and 6.3 (± 0.2) mg·L⁻¹, respectively. V and N samples had a similar content of oxygen, whereas, in sample A, this level was much higher and close to that found in the initial milk (7 mg·L⁻¹) and in commercial raw milks reported by other authors [7]. Therefore, we assumed that aerated milk (sample A) has similar behaviour to mixed raw milk during heat treatment.

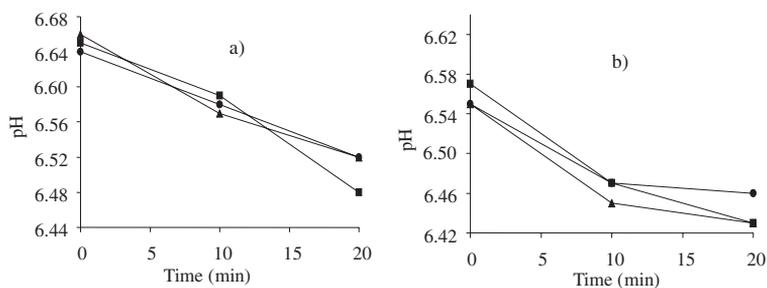


Figure 1. Evolution of pH during the heating of milk samples at 110 °C (a) and 120 °C (b): nitrogen (■), vacuum (▲) and air (●).

Table I shows the effect of the presence of gases on the formation of lactulose and furosine during heat treatment of milk at 110 and 120 °C. As expected, both lactulose and furosine increased in all samples with the intensity of heating. The amounts of lactulose and furosine in the heat-treated samples were lower in the air-bubbled milk than in the nitrogen-bubbled or vacuum-treated milks. These differences were more pronounced in lactulose than in furosine. In the case of furosine slight differences were detected over a prolonged period of heating (20 min).

The analysis of variance including both parameters, lactulose and furosine, revealed significant differences ($P \leq 0.05$) between samples bubbled with air and the de-aerated samples (with vacuum and nitrogen) for all the heat treatments applied, except for furosine in samples subjected to a prolonged period of heating (20 min).

During the early stages of the Maillard reaction as well as during lactose isomerisation, enediols are key intermediates. In the presence of oxygen, as in the case of milk samples bubbled with air, the double bond of these enediols may be cleaved to

Table I. Formation of lactulose and furosine ($\text{mg}\cdot\text{L}^{-1}$) in samples treated with nitrogen (N), vacuum (V) and air (A) and heated at 110 and 120 °C. Data are mean values \pm standard deviation.

Chemical parameter	Samples	110 °C				120 °C	
		5 min	7 min	10 min	20 min	10 min	20 min
Lactulose	N	nd*	nd	71.0 \pm 5.7	701.0 \pm 24.0	177.0 \pm 7.1	1199.0 \pm 90.5
	V	30.5 \pm 0.8	58.1 \pm 3.8	86.0 \pm 2.8	720.0 \pm 48.1	171.0 \pm 7.1	1123.0 \pm 26.9
	A	27.1 \pm 1.7	37.7 \pm 1.2	59.6 \pm 3.5	562.0 \pm 43.8	78.5 \pm 6.4	733.5 \pm 44.5
Furosine	N	nd	nd	26.6 \pm 1.9	113.9 \pm 1.2	36.2 \pm 1.9	143.0 \pm 9.0
	V	6.2 \pm 0.1	9.3 \pm 0.4	23.5 \pm 2.2	117.0 \pm 3.6	40.2 \pm 0.0	135.8 \pm 7.3
	A	4.9 \pm 0.1	7.0 \pm 0.0	13.6 \pm 0.4	106.9 \pm 5.3	25.5 \pm 2.1	130.8 \pm 7.3

* nd: not determined.

produce two carboxylic acids [10]. The degradation of the enediol caused a decrease in the formation of lactulose and the Amadori compound ϵ -desoxylactulosyl-lysine, a precursor of furosine. On the contrary, treatment with vacuum or bubbling with nitrogen caused the removal of dissolved oxygen, avoiding the oxidative cleavage of the enediols.

The noticeably greater effect of the presence of oxygen on the formation of lactulose seems to indicate that the enediol precursor of lactulose is more oxygen-sensitive than that of the Amadori compound. At prolonged periods of heating, when a considerable proportion of dissolved oxygen has been consumed, the effect on the formation of the Amadori compound may be negligible, resulting in small differences in the furosine content between samples.

Although no data are reported on the influence of oxygen on the Maillard reaction in milk, several authors have studied the effects of oxygen on this reaction in model systems. Thus, Hayase et al. [6] observed less browning under aerobic conditions. Yeboah et al. [20, 21], studying the glycation of proteins via the Maillard reaction, demonstrated that the presence of oxygen in the reaction system induces oxidative side reactions, which can slow the initial rate of formation of Amadori compounds.

These results indicate that dissolved oxygen has a significant effect on the formation of lactulose and furosine in heated milks. Since these compounds have proved effective indicators of the quality of processed milks, before using them to assess the quality of commercial milks, more extensive studies on the effects of dissolved gases on the formation of lactulose and furosine are needed.

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